

Connection

If you could grow only one thing in a garden, what would it be?

Content

“We don’t give up, we look up.”

As Christians, why is this important?

Freedom from Stronghold and Sin

Read Romans 7:14-25 and Romans 8:3. Paul speaks to our sinful nature and declares the need we have for Jesus.

1. “In that body God declared an end to sin’s control over us by giving his Son as a sacrifice for our sins.” Why do we struggle with understanding that the price for our sins has already been paid?

Freedom from Fear

Fear is a threat to your happiness and wellbeing, even if it is a fear of something that hasn’t happened yet or perhaps something that isn’t even real.

2. What is a fear you face that you can’t seem to overcome?

3. We build a theology on fear by seeing what God says on the topic. List what each of these verses tells you about fear:

Psalm 27:1

Deuteronomy 31:6

Isaiah 41:13

Lamentations 3:57-58

II Timothy 1:7

Circle a word or phrase above that you would like to remember and dwell in.

Freedom from Self-Hate

"We are God's masterpiece," Ephesians 2:10 tells us, but sometimes we feel differently about ourselves.

4. What lie of self-hate do you tend to tell yourself?

Read Psalm 139:14-18, focusing on how much love and time God put into making you. How can you find your freedom from self-hate in knowing God's love for you?

Freedom from Unbelief

Mark 9:21-24 tells the story of a man who needed freedom from his own unbelief.

5. When in your life does your unbelief take hold of your life?

6. With faith as small as a mustard seed, Luke 17:5-6, we can free ourselves from unbelief. Go to God today to help with your unbelief. Spend a moment in prayer right now asking Him to free you from unbelief. (Write your prayer here, if you'd like.)

Commitment

Do you most struggle to find freedom from sin, fear, self-hate, or unbelief? _____

What is one step you will take over the next week regarding that struggle?



Begin with prayer. Listen with care. Eat / Engage with another. Serve. Share your story.

This week, **Serve** a person in your life who needs Jesus' love. Begin today with this tool of how to B.L.E.S.S them.

Would you like to give any updates to the group on someone you have shared about in the past?