

Connection

When in your life did you wish you had an “instant replay” on your actions?

Content

“Truly God Is Good”

What do you think or feel when you read that statement?

The Lede

1. Psalm 73:1 assures us that God is good. There is no question of this, and we need to know this through EVERYTHING we face.

Why do you think the author wrote Psalm 73:2-3 following “God is Good” in verse 1?

The Conflict - Cause & Effect -

2. **Cause:** Psalm 73:4-12 tracks a downward spiral in the Psalmist’s thinking. What is he focusing on? Where do you see flaws in his thinking?

Verse 11 asks, “Does the Most High know anything?” In verse 11. How would you answer this question if someone asked you this?

3. **Effect:** The effect the author feels comes in verse 13-14, as he asks “Did I keep myself innocent for no reason?” In these verses, what flaws do you see in his thinking?

We all can make the mistake of our judgments coming from one perspective, and sometimes forget all the blessings God gives us. If you were to write down five blessings God has given you, what would they be?

The Turning Point

4. Read verses 15-20. In verse 17 the author recognized he couldn't get himself out of his struggle so he went to God's sanctuary. What does the phrase "God's sanctuary" mean?

What is a way you can "go to God's sanctuary" when you face a struggle?

5. Read Hebrews 12:1-2. How can you run your own race that God has set before you today, and not someone else's race? And how would this help you to resist bitterness?

The Resolution

6. Read Psalm 73:21-28. As Asaph walked through this trial, struggling with bitterness, God showed him something about the situation, something about himself, and something about God. Consider a trial you are walking through. What has God shown you...

...about the situation?

...about yourself?

...about God?

Commitment

The Take-Away

7. Read verse 23 again. Even in our faults, God is still there for us. He initiates the offer of holding our hands and guides us, because He loves us.

How can you come near to God this week, take His hand, and highlight Him in your life?



Begin with prayer. Listen with care. Eat / Engage with another. Serve. Share your story.

This week, **Begin with prayer** with a person in your life who needs Jesus' love. Begin today with this tool of how to B.L.E.S.S them.