

Connection

Who is someone in your life you look up to, that you aspire to be like?

Content

“All of us have sinned and have fallen short of God’s glory. Despite our brokenness, God so loved the world, that He sent His Son, to redefine our existence.”

What do these words mean to you?

The Lord knows you.

1. Read Psalm 139 :1-6. The Lord knows you.

Who is someone in your life that knows you, and how does that compare to how the Lord knows you as described in verses 1-6?

The Lord is with you.

2. Read Psalm 139: 7-12. We cannot escape from the presence of God.

“God displays the worth He sees in us, because He is with us, always.” When was a time in your life that you may have doubted that God was with you, and how were you reminded that He is always with you?

The Lord has created you.

3. Read Psalm 139: 13-16. God formed us & made us.

What does the phrase “I praise you because I am fearfully and wonderfully made” mean to you?

The Lord thinks of you.

4. Read Psalm 139:17-18. The Lord thinks about us, because He loves us.

If you are struggling to believe that you are not worthless, then read these verses again. Which scriptures do you turn to when you're feeling worthless?

The Lord defends you.

5. Read Psalm 139:19-22.

Have you been in a situation where you have reached your limits? In those moments, how can you cry out like David for God's defense?

Commitment

6. Read Psalm 139: 23-24. The Lord knows us intimately, and leads us, regardless of our brokenness towards Him, because we are beautifully broken and He loves us anyway.

Listen to the song Beauty Broken today and lean into Psalm 139. How can you remain strong in the fact that God has, and always will, love you?



Begin with prayer. Listen with care. Eat / Engage with another. Serve. Share your story.

This week, **Eat / Engage** with a person in your life who needs Jesus' love. Begin today with this tool of how to B.L.E.S.S them.

Would you like to give any updates to the group on someone you have shared about in the past?